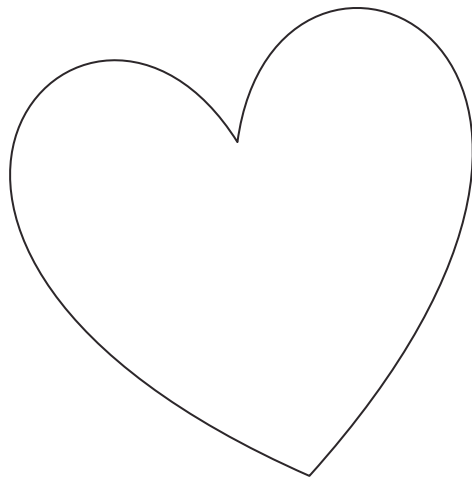
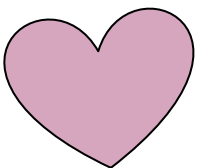
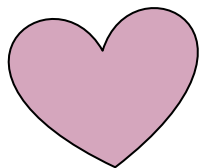
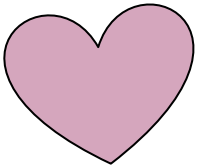




**WE**



# What's your







# 7 Days of Self Care with The National Heart, Lung and Blood Institute



